

CATHERINE ELIZABETH

Hair & Makeup Guide

There is a lot to think about during the run up to your wedding day, but don't forget about yourself. Here are some helpful tips to get the best look for your special day.

Embrace a style that fits you as you want to look extra special, but most importantly you want to look like you.

- Choose your hairstyle before you choose your tiara, veil or accessory.
- Schedule regular 6 week trims to keep your hair in good condition.
- Touch up your colour 2 weeks before your wedding day.
- Don't think of your current hair style as a starting block for your wedding style. By adding hair extensions or padding can create volume, length and completely change your look.
- Have any hair/make style ideas you have in mind with you for your trial
- Help to get your skins natural radiant glow, by going for regular facials and getting into a good skin care routine that suits you and your lifestyle
- Drink up to 1-1 ½ litres of water a day will do wonders for your skin, as it is the last part of the body to get hydration.
- The most important rule is to relax and enjoy yourself; this should be the best day of your life, so sit back and enjoy the experience.